

MANICURES

Please ensure previous gels are removed or book a soak-off for only £10.00 with any manicure.

Express manicure 35 mins £18.00

A file & shape, cuticle tidy up and polish applied **OR** relaxing hand massage if preferred.

Full manicure 50 mins £25.00

Hand scrub, soaking of nails, thorough cuticle tidy, relaxing hand massage, trim, file, and a polish applied.

File & polish 20 mins £12.00

Heated mitt treatment 30 mins £15.00

Good for stiff joints and arthritic conditions. Nourishing treatment with exfoliation and hand & arm massage.

Add to any facial 15 mins £10.00

PEDICURES

Please ensure previous gels are removed or book a soak-off for only £10.00 with any pedicure.

Speedy pedicure 40 mins £25.00

Hard skin is filed, a scrub and cream are applied, nails are trimmed & filed, cuticles tidied, and polish applied.

Full pedicure 60 mins £35.00

Feet are soaked in a warm foot bath, foot scrub is applied, hard skin filed, cuticles pushed back, nails trimmed & filed, feet are massaged, and polish applied.

File & polish 20 mins £12.00

Callus heel peel 30 mins £18.00

A four-step treatment to remove hard skin from the heel and balls of the feet. Exceptionally good for dry, cracked heels.

GEL NAIL POLISH

Please ensure gels are removed or book a soak-off.

Gel manicure 50 min £28.00

As per full manicure but with gel polished applied.

Gel pedicure 60 min £38.00

As per full pedicure but with gel polish applied.

Express gels 35 min £20.00

A cuticle tidy, trim & file, and gel polish. Fingers or toes.

Soak-off gels 30 min £15.00

Using foil removal with gentle buffing, a cuticle tidy and oil. If booked with any manicure or pedicure, **£10.00**. A 'gel break' is recommended after 3 applications.

NAIL EXTENSIONS

French tip gel 2 hours £35.00

Optional coloured gel 2 hrs 15 £40.00

Infills (rec. every 2 weeks) 90 mins £25.00

Gel extension soak-off 45 mins £20.00

LASHES & BROWS

*A patch test is required **48 hours** before all tint & lifting.*

Please book your patch test online or over the phone.

Eyelash tint 20 mins £12.00

Lasts 6-8 weeks approx.

Eyebrow tint 10 mins £8.00

Last 3-4 weeks, depending on how dark you go.

Lash & brow tint 30 mins £15.00

Brow tint & tidy 20 mins £12.00

A brow tint and tidy of the brows with tweezers or wax.

Lash Lift & tint 60 mins £30.00

This lifts & darkens your natural lashes. Lasts 8-12 wks.

WAXING

*Lasts around 4-6 weeks. Leave hair ¼ inch before waxing. Avoid hot baths, showers, saunas, steam rooms, sunbeds and sunbathing, 24 hours before **and** after waxing. Avoid using perfumed moisturisers instead use soothing aloe or t-tree products afterwards to calm the area. We recommend you exfoliate in-between waxes to help prevent ingrown hairs and remove dead skin cells which ensures a better wax. Buy **course of 3** waxes get **20% off**. (Excludes lip & chin wax together).*

Half leg wax 25 mins £15.00

Full leg wax (inc. bik tidy) 50 mins £25.00

Underarm wax 15 mins £8.00

Bikini line wax 15 mins £9.00

High bikini wax 30 mins £15.00

Eyebrow (wax or tweeze) 15 mins £8.00

Lip or chin wax 10 mins £7.00

Lip & chin wax 20 mins £10.00

Forearm wax 25 mins £12.00

Brazilian wax 40 mins £25.00

Hollywood wax 50 mins £30.00

Gents back wax 30 mins £22.00

ELECTROLYSIS HAIR REMOVAL

A more permanent solution to unwanted hair. Using single, sterile needles to cauterise hair at the base of the follicle. A course of 6 is recommended. **Buy 5 get 1 free on a pre-paid plan.** Can be booked and paid for online, go to Fresha.com and search Malvern Hills Beauty.

Consultation	15 mins	Free
Duration	Price per trt	Plan breakdown
10 minutes	£15.00	£12.50
15 minutes	£18.00	£15.00
30 minutes	£22.00	£18.33

MONU FACIALS

These facials are tailor-made to suit your skin type. Monu have over 35 years' experience in blending the very best pure, natural ingredients combining essential oils, plant extracts and minerals. **Buy 5, get 1 free on a pre-paid plan, can be booked online.**

Consultation	20 mins	Free
With free samples available to try.		
Express Facial	30 mins	£25.00
Receive a cleanse, tone and, exfoliation using warm mitts, after which a mask is applied, while a scalp or hand and arm massage can be carried out. Moisturiser is applied to finish.		
Aromatic Facial	60 mins	£35.00
A cleanse, tone and exfoliation is carried out using warm mitts. Then relax with a 20 min face, neck & shoulder massage using aromatic oils. A mask is then applied while you receive a scalp or hand & arm massage. Moisturiser is applied to finish.		
Radiance Facial	75 mins	£42.00
New! As per an Aromatic facial with a hot compress and an algae radiance mask with a relaxing scalp or foot massage. Perfect as pre-wedding package. Course of 3 just £90.00.		
Collagen eye treatment	30 mins	£15.00
Targets fine lines and wrinkles round the eyes. Includes a warm compress and soothing massage to ease eye tension, strain, and headaches.		
Add to any facial	15 mins	£10.00

MASSAGE

Therapeutic treatment for women only to relieve stress from the body. **Buy 5, get 1 free on a pre-paid plan.**

Back massage	30 mins	£25.00
Eases knotty tension and relaxes tight muscles.		
Back, face & scalp	45 mins	£32.00
Eases tensions & stress and gives a sense of well-being.		
Back & legs massage	40 mins	£28.00
Relaxes tension from the back and back of legs which can often be tight due to stress and tension. Fronts of legs if preferred.		

Arms & shoulders	30 mins	£22.00
Let your therapist drain all the tension from these areas often both experiencing tension in conjunction. Good for typists and computer users.		

MAKE-UP – using the Jane Iredale renowned bases, available to retail.

Cleanse & make-up	45 mins	£25.00
Perfect for any occasion, look your best & feel confident.		
Trial wedding make-up	60 mins	£40.00
Get the right look for your special day.		
Make-up for wedding	60 mins	£45.00
Get your make-up done for your special day by a professional. Need bridesmaids, mum of the bride too? We can make a package for you depending on your bridal party. Call out fee applies prices vary.		

MEN'S GROOMING

Male manicure	45 mins	£22.00
Nails are soaked, cuticles pushed back and trimmed. Hands are massaged, nails are cut and filed, then buffed for a neat finish.		
Eyebrow groom	15 mins	£8.00
Includes waxing, trimming and tweezing for tidy, professional brows.		
Cut & file nails	20 mins	£10.00
Tidy, neat nails make all the difference. Fingers or toes.		
Male Express Feet	45 mins	£25.00
Includes hard skin removal, foot scrub and soak, cuticles pushed back, trim and file of the nails, cream and oil applied.		

SIENNA X TANNING

An advanced spray tan system to give superior results and give that instant, gorgeous glow to your skin. Please wear loose, dark clothing and exfoliate well prior to treatment. Remove deodorant and do not apply moisturisers to skin prior to treatment. Hands, feet, elbows and knees can be moisturised, however.

Exfoliating glove mitt 20 min £10.00

Forgotten to exfoliate? Why not try the dry mitt exfoliating treatment prior to tanning? An invigorating all-over brisk exfoliation helps the tan to go on better and not sit in dry areas such as knees, elbows, and feet.

All-over spray tan 30 min £20.00

Perfect for a special occasion and a great pre-holiday treatment, to give you a beach glow before you go! Pre-wedding trial advised only **£10.00**.

Legs or upper body 15 min £12.00

Include an exfoliating glove mitt for just £15.00.

HILLS SIGNATURE PACKAGES

These packages are the perfect way to spend a morning or afternoon in the salon. Afternoon tea or a beverage are included in these packages. A perfect way to finish a pamper is with a spot of refreshments in the Sugarloaf café downstairs!

Afternoon Tea Package 30 -35 mins £25.00
2 people in succession*

Enjoy a pamper in the salon followed by tea or coffee with a slice of home-made cake in Sugarloaf café.

Choose **ONE** treatment from the list below.

- 30 min Express Facial
- 30 min Back Massage
- 35 min Express Manicure

Monu on the Hills 1hr 15 mins £55.00
One person advisable*

Enjoy our signature **3 treatment** pamper package which includes:

- 30 min Back massage
- 30 min Express facial
- 15 min Collagen eye treatment
- A hot drink coupon for £2.50 in the café.

Aromatic up-grade 1hr 45 mins £70.00

Upgrade from an Express to Aromatic facial for **£15.00** with all the benefits of the Monu on the Hills Pamper!

Hills Back Treatment 30 mins £18.00
2 people in succession*

In this Monu pamper, the back is cleansed using the Rosewood & Honey wash and exfoliated with Micro exfoliant with papaya and shea butter. This is removed with warm mitts. A **10 min** massage is carried out, then a hot compress is applied. Finished with an application of Rose and Lemon enriched body cream. Sheer bliss! Then why not treat yourself to beverage in the café, they have lots of lovely things on offer!

*The salon can only currently cater for **one person** at a time as there is only one therapist at present. Hence, we have put suggestions on which treatments would suit two people, and which might be better with just one. Perhaps with a break for lunch if there are two of you, and a good book to read while you wait! The walks on the hills are beautiful so this could provide a welcome distraction while waiting.

Please book well in advance to avoid disappointment if you are travelling to the area on holiday and would like a pamper.