



PRICE LIST

April 2024

MANICURES



Express Manicure 30 mins £25.00

File, soak, cuticle tidy, cream and paint. Allow to dry.

Standard Manicure 45 mins £30.00

File, hand scrub, nail soak, cuticle work, massage, paint.

Receive a £5.00 voucher to spend on Tropic products.

Luxury Manicure 60 mins £35.00

File, hand & arm scrub with hot mitts, soak, and cuticle work. A rich cream is applied before placing in hot mitts.

A hand & arm massage is carried out and a nail paint.

Receive £5.00 voucher to spend on Tropic products.

PEDICURES



Express Pedicure 40 mins £30.00

Hard skin, foot cream, cuticle tidy, nail trim and paint.

Standard Pedicure 60 mins £40.00

Foot soak and wash, foot and leg scrub, cuticle tidy, nail trim, hard skin removal, foot and leg massage and paint.

Receive £5.00 voucher to spend on Tropic products.

Luxury Pedicure 75 mins £45.00

Foot soak and wash, foot and leg scrub, cuticle tidy, nail trim and hard skin removal. Feet are then placed in hot booties followed by a foot and leg massage and paint.

Receive £5.00 voucher to spend on Tropic products.

File & Polish (h or f) 30 mins £15.00

A trim, file and paint for hands or feet. Allow to dry.

Bring flip flops when having toenails painted.

GEL POLISH

Gel Manicure 45 mins £35.00

Hand and arm scrub is applied and removed with hot mitts. Nails are soaked and cuticles are pushed back, and nails are filed to shape. Gel nail polish is applied then a hand and arm massage are carried out to finish.

Gel Pedicure 60 mins £42.00

Feet are soaked & scrub applied to the foot and leg, removed with hot mitts. Cuticles are pushed back, nails trimmed & hard skin removed. Gel nail polish is applied then a foot and leg massage are carried out to finish.

Express Gels 30 min £25.00

A hand or foot treatment which includes a cuticle tidy, trim and file with gel polish applied.

Soak-off Gels 30 min £10.00

Using foil remover wraps to remove polish followed by a generous application of Nail nectar oil. We recommend giving your nails a break from gels regularly.

Please note, you need to spend **£25.00 or more** on Tropic to receive the £5.00 voucher. You can receive £5.00 off your next booking instead if you prefer.

**Tropic offer and £5.00 off next booking offer do not apply to Express Mani-Pedi, Express Gels, File and Polish or Soak-Off Gels. Can be used on Gel mani-pedis.*

LASHES & BROWS

A patch test is required **24 hours** before all tint & lifting.

Eyelash Tint 30 mins £14.00

Lasts 6-8 weeks. Using a black, blue-black or brown tint.

Eyebrow Tint 15 mins £10.00

Last 3-4 weeks, using a lighter brown or darker brown.

Lash & Brow Tint 30 mins £18.00

Brow Tint & Tidy 30 mins £16.00

A brow tint and tidy of the brows with tweezers or wax.

Flirties Lash Lift 60 mins £35.00

This lifts and darkens the natural lashes with amazing results. Includes a lash tint. Lasts around 8-12 weeks.



WAXING



Lasts 4-6 weeks. Leave hair $\frac{1}{4}$ inch before waxing. Avoid hot baths, showers, saunas, steam rooms, sunbeds and sunbathing and moisturisers 24 hours before **and** after waxing. **Get 20% off a course of 3 waxes.**

Half leg wax	30 mins	£20.00
Full leg wax	45 mins	£30.00
Half leg & bikini wax	45 mins	£25.00
Full leg & bikini wax	60 mins	£35.00
Underarm wax	15 mins	£10.00
Bikini line wax	15 mins	£12.00
High bikini wax	30 mins	£15.00
Eyebrow wax	15 mins	£10.00
Lip or chin wax	15 mins	£10.00
Lip & chin wax	30 mins	£15.00
Forearm wax	25 mins	£15.00
Brazilian wax	40 mins	£30.00
Hollywood wax	50 mins	£35.00

WAX & TINT PACKAGES

Eyebrow, lip & chin wax	30 mins	£24.00
Eyelash tint & brow wax	30 mins	£20.00
Eyebrow wax & brow tint	30 mins	£16.00
Lash & brow tint & wax	45 mins	£26.00

ELECTROLYSIS HAIR REMOVAL

Using single, sterile needles to cauterise hair at the base of the follicle. **Buy 5 get one session Free on a course.**

Consultation	15 mins	Free
10 minutes	Session	£15.00
Course of six sessions		£75.00
15 minutes	Session	£20.00
Course of six sessions		£100.00

MONU FACIALS

Locally made in Cheltenham, Monu have over 35 years' experience in blending pure, natural ingredients combining essential oils, plant extracts and minerals.

Monu Express 30 mins £30.00

A cleanse, tone, exfoliation, and mask therapy. A scalp, hand or foot massage is then carried out before applying day cream, eye cream and a rosewood reviving spritz.

Monu Aromatic 60 mins £40.00

A cleanse, tone and exfoliation followed by a hot compress and a blissful aromatic massage of the face, neck, and shoulders. A mask is applied while you choose a mini scalp, hand, or foot massage before applying day cream, eye cream and a rosewood reviving spritz.

Monu Botanicals 60 mins £45.00

As per **Aromatic** this facial includes a 100% biodegradable sheet mask infused with high-grade botanicals. **Upgrade to Luxury** inc foot massage **£48.00.**

Add Steam 15 mins £5.00

Includes steam and extractions to deep cleanse the pores and remove impurities. With Emily only.

Collagen Mask – Infused with one of the most powerful anti-ageing plant actives, Hibiscus. The oil from the Hibiscus flower increases skin elasticity, actively firming and lifting your skin leaving a natural youthful glow with nine types of naturally occurring collagen.

Hyaluronic Acid Mask - This mask fast tracks pure Hyaluronic Acid directly into your skin – effortlessly hydrating and smoothing your skin. Whilst the mask clings to your face its adding long-lasting moisture and strengthening the skin's barrier function.

Vitamin A Mask - Formulated using a positive buffet of mineral and vitamin rich plants. Retinol is included for its gold standard in skincare with its unique anti-ageing and skin clearing properties by its facility to increase the production of collagen.

Vitamin C Mask - Drenched with Vitamin C to brighten and awaken your skin leaving an immediate, dewy glow. 12 complex vitamins included in the serum breath life back into your face – leaving it brighter and more radiant and with an illuminating head turning glow.

Allantoin and Cucumber Mask - Extracted from the root of the comfrey plant, Allantoin will both sooth and protect the skin. The inclusion of Aloe Vera will reduce redness and sooth dry or sore skin whilst the Chamomile Extract will relieve any inflammation, decrease signs of ageing, and soothes sensitive skin.

SCHMOO FACIAL TREATMENTS

Locally made in Worcester, these organic products smell schmazing and deliver fantastic results to your skin.



Schmoo Organic Facial

This personalised treatment can be tailored to meet your skin's requirements. This fabulous facial includes a shoulder & scalp massage for deep relaxation.

Organic Facial 60 mins £55.00

Organic Facial 30 mins £40.00

Schmoo Eye Treatment 30 mins £40.00

Specific creams combined with Jade rollers are used to reduce puffiness and fatigue as well as plumping fine lines and wrinkles. Collagen eye pads are applied in the treatment to target fine lines around the eyes.

Optional Upgrades 15mins £10.00

Choose from: Organic Microdermabrasion to deeply exfoliate the skin, a Jade Roller Facial or a Schmoo Eye Treatment with Jade Rollers and Collagen eye pads to brighten, nourish and firm the delicate eye area. **£5.00 off your next booking when you book on the day.**

HILLS SIGNATURE PACKAGES

*The perfect way to relax and enjoy the Sugarloaf café below the salon with stunning views across the hills, including a **complimentary** pot of tea and slice of cake.*

Hills Nail Package 2 hours £80.00

Indulge in a Schmootiful Hand and Foot treatment.

Hills Facial Package 90 mins £78.00

Relax with a 60 min Schmoo Organic facial and 30 min Schmoo Firming Eye Treatment or Back Massage.

Hills Massage Package 90 mins £70.00

Melt away with a 60 min Full Body Massage and 30 min Schmoo Head Start Massage or Jade Roller Facial.

SCHMOO BODY TREATMENTS

Schmoo Back Tonic 60 mins £55.00

A deep cleansing back treatment that treats the hard-to-reach areas of the back. We start with a deep exfoliation followed by a Deep-Sea Mineral Mud Mask to draw out impurities. This treatment finishes with a deep massage to the back and backs of the legs.

Schmoo Head Start 30 mins £40.00

This will relieve aches and pains around the head and neck. The Apricot & Peach Treatment Oil is massaged into the scalp and through the hair for a deep conditioning treatment. A great hair oil for home use.



SCHMOO HANDS & FEET

Schmootiful Hands 60 mins £40.00

A luxurious hand & nail treatment. This treatment includes an exfoliation with a sugar scrub smoothie followed by a hand and arm massage with one of our rich custards. Nails are tidied and finished with a colour of your choice. Allow polish time to dry after treatment before leaving or try the Hills Nail Package (see left).

Schmootiful Feet 60 mins £45.00

A complete foot & nail treatment with a whirlpool foot bath. The feet are exfoliated with a sugar scrub smoothie of your choice. Then the feet are massaged with one of our rich fruity custards and placed in hot boots. Nails are tidied and finished with a colour of your choice. Allow polish time to dry or try the nail package.

BODY MASSAGE TREATMENTS



Relaxing massage for ladies to ease stresses and strains. Get 10% off a course of six massages on a membership plan. Please ask about our Wellness Incentives.

Back Massage 30 mins £30.00

Eases knotty tension and relaxes tight muscles using specialised techniques. A warm compress is applied at the end of the treatment to relax and calm you.

Back, Face & Scalp 45 mins £35.00

Eases tensions & stress and gives a sense of well-being. Includes pressure points on the face to release tension and help with sleep and eye strain.

Back & Legs Massage 45 mins £33.00

Relaxes tension from the back and back of legs which can often be tight due to stress and tension.

Full Body Massage 60 mins £45.00

A holistic massage for mind and body. Eases tension from the whole body, concentrating on specific areas of tension to leave you totally relaxed and re-charged.



JANE IREDALE MAKE-UP



Colour Match 15 mins £10.00

Try out the mineral foundations and get an expert to match your foundation. Redeemable against products.

Cleanse & Make-up 45 mins £25.00

Perfect for any occasion, look your best & feel confident. Suitable for bridesmaids, mum of the bride/groom on the wedding day.

Make-up for Wedding 60 mins £52.00

Get your make-up done for your special day by a professional. It is worth spending that bit more to have a professional do your make-up. **Call out fee** applies.

Trial Wedding Make-up 60 mins £48.00

A trial is important to ensure you are happy with your make-up look and the therapist can record all the colours used. Bring pictures and photos to help your therapist understand what you want to achieve.

