



PRICE LIST

2020

MANICURES

Using traditional polish for long-lasting wear, allow drying time.

Express manicure 30 mins £18.00

A file & shape, cuticle tidy and polish of your choice.

Traditional manicure 60 mins £25.00

Hand scrub, soak, cuticle tidy, relaxing hand massage, file & paint.

Heated mitt treatment 30 mins £15.00

Deeply nourishing treatment using warm mitts. Good for stiff joints.

File & polish 30 mins £15.00

No Polish manicure 30 min £15.00

Soak & cuticle work, nails filed and a hand massage carried out.

PEDICURES

Using traditional polish for long-lasting wear. Please bring flip flops to allow polish to dry.

Express pedicure 45 mins £28.00

Hard skin is removed, nails are trimmed & filed, cuticles tidied and polish applied (soak not included).

Traditional pedicure 75 mins £35.00

Hard skin is removed, before soaking in a warm foot bath. Feet are scrubbed, cuticles pushed back and nails trimmed before receiving a relaxing foot massage, then polish is applied.

File & polish 30 mins £15.00

Callus heel peel 30 mins £18.00

A four-step treatment to remove hard skin from the heel and balls of the feet.

Very good for dry, cracked heels. Not suitable for diabetics.

GEL NAIL POLISH

Gel manicure 60 min £30.00

Hands are scrubbed, soaked, cuticles are pushed back. Nails are filed and shaped and a gel polish applied. Hands are massaged to finish.

Gel pedicure 75 min £38.00

Hard skin is removed, before soaking in a warm foot bath. Feet are scrubbed, cuticles pushed back and nails trimmed before receiving a relaxing foot massage, then an application of gel polish is applied.

Gel file & polish 30min £18.00

Includes a file & shape, basic cuticle tidy and gel polish on fingers or toes.

Soak-off gels 30 min £15.00

Using traditional foil removal or NEW Mittys for fingernails, a revolution in gel soak off.

Nails are lightly buffed first then soaked off before applying oil to nourish. Mitty's can be retailed.

NAIL EXTENSIONS

French tip gel	2 hours	£35.00
Infills	90 mins	£20.00

Recommended every 2 weeks.

LASHES & BROWS

*A patch test is required for tinting & lifting **minimum 24 hours** before.*

Lash tint	30 mins	£12.00
Brow tint	15 mins	£8.00
Lash & brow tint	30 mins	£15.00
Eyebrow wax	15 mins	£8.00
Lash Lift & tint	60 mins	£30.00

Gives instant results and long-lasting curl. Lasts 8-10 weeks.

WAXING using warm honey wax & hot wax

Lasts around 4-6 weeks. Leave hair $\frac{1}{4}$ inch before waxing. It is advised to gently exfoliate beforehand and regularly in-between waxes.

Half leg wax	30 mins	£16.00
Full leg & bik wax	60 mins	£25.00
Underarm wax	15 mins	£8.00
Bikini line wax	15 mins	£9.00
High bikini wax	30 mins	£15.00
Lip or chin wax	15 mins	£7.00
Lip & chin wax	20 mins	£10.00
Forearm wax	20 mins	£12.00
Brazilian wax	45 mins	£25.00
Hollywood wax	60 mins	£30.00
Back wax	30 mins	£22.00

Buy course of 5 wax treatments and get the 6th free!

ELECTROLYSIS HAIR REMOVAL

A more permanent solution to unwanted hair. Using single, sterile needles to cauterise hair at the base of the follicle. A course is recommended.

Consultation	Free
10 minutes	£15.00
15 minutes	£18.00
30 minutes	£22.00

Buy course of 5 treatments and get the 6th one free!

MONU FACIALS

Tailor-made to suit your skin type. Monu have over 35 years' experience in blending the very best pure, natural ingredients combining essential oils, plant extracts and minerals.

Express facial 30 mins £25.00

Receive a cleanse, tone and, exfoliation after which a mask is applied, while the neck and shoulders are massaged. A hand and arm massage can be carried out if preferred.

Aromatic facial 60 mins £35.00

A cleanse, tone & exfoliation, with warm mitts is carried out. The face, neck & shoulders are then massaged with aromatic oils. A mask is applied while you receive a scalp or hand & arm massage.

Luxury facial 75 mins £42.00

As per an Aromatic facial with a hot compress and foot massage.

Collagen eye treatment 30 mins £15.00

New treatment to target fine lines and wrinkle round the eyes. Includes a warm, soothing compress.

Add to any facial 15 mins £10.00

Buy course of 5 facials and get the 6th one free!

MASSAGE women only

Back massage 30 mins £25.00

Eases knotty tension and relaxes tight muscles.

Back, face & scalp 45 mins £32.00

Eases tensions and gives a sense of well-being. Good for easing stress from the head and neck area.

Full body massage 60 mins £38.00

Relaxes and eases stress and tension from the body. Improves well-being.

Back scrub treatment 30 mins £18.00

***New!** A cleanse & scrub are carried out and buffed off then removed with warm mitts.*

A hot compress is applied to the back before a gentle massage is carried out on the back or lower legs. Sheer bliss!

Buy course of 5 massages and get the 6th one free!

MAKE-UP

Cleanse & make-up 45 mins £25.00

Perfect for any occasion.

Trial wedding make-up 60 mins £40.00

Make-up for wedding 60 mins £35.00*

*Get the right look for your special day. Feel pampered and special with a **Free** mini pamper gift to take away with you. *Call-out fee applies, from **£10.00**, varies on location.*

Can accommodate bridesmaids, mum of the bride, at a special rate.

MEN'S GROOMING

Nail grooming 30 mins £15.00

Nails are trimmed, filed, buffed and cuticles tidied up. Hand cream is then applied to nourish dry skin and cuticles.

Male manicure 45 mins £24.00

Nails are soaked, cuticles pushed back and trimmed. Hands are massaged, nails are cut and filed, then buffed for a neat finish.

Eyebrow groom 15 mins £8.00

Includes waxing, trimming and tweezing for tidy, professional brows.

Cut & file nails 20 mins £10.00

HILLS SIGNATURE TREATMENTS

Designed with relaxation in mind, these packages are the perfect way to spend a morning or afternoon.

They can be enjoyed with a friend or just by yourself. Gift vouchers available, valid for 6 months.

We currently can only cater for one treatment at a time in the salon.

Afternoon Tea Package 30 mins £25.00 *currently on hold due to COVID-19*

Enjoy a pamper in the salon followed by tea or coffee with a slice of home-made cake in café.

Choose ONE treatment from the list below.

- 30 min Express Facial
- 30 min Back Massage
- 30 min Express Manicure

Monu on the Hills 75 mins £45.00 (worth £65.00)

*Enjoy our signature **3 treatment** pamper package which includes:*

- 30 min Back massage
- 30 min Express facial
- 15 min Collagen eye treatment

Hills Aromatic up-grade 90 mins £55.00 (worth £75.00)

Upgrade to an Aromatic facial for £10.00.